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Metalog Training Tools

Catalogue

Summer 2023

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Three teams each construct a CataPult, a device that projects balls at a wide range of angles and trajectories over a maximum range of up to ten metres. This multifaceted tool can be used in a broad range of areas and is particularly suitable for optimizing performance in organisations, improving cooperation, or also within the broader context of CIP/Lean/Six Sigma. When it comes to training and coaching organisations and teams, CataPults is the new Tool that hits the target every time.



Quality management: planning, defining and assessing quality criteria.

Leadership: effective and targeted facilitation, motivation, maintaining the big picture, controlling optimisation processes.

Dealing with change: reacting flexibly to new circumstances, job rotation, recognising change as an opportunity for optimisation.



Multi-kit Tool



Kits per set

Tools hired from Azesta come with the transcribed metalog guide, and a set of review questions designed to solidify the coaching points in the minds of your coachees.

CollaborationPuzzle is a team problem-solving task par excellence that raises key questions relating to our daily working lives, such as “How do we organize ourselves? How do we share information? How can we shape our strategy? How do we deal with mistakes? How do we stay focused on our goal?” The core aim of the learning project is to answer a very pragmatic question: How do we find out the correct height of 8 rods inserted in a wooden pedestal? What at first glance looks simple is, on closer inspection, a much bigger challenge, because the rods are of different lengths and the holes are of different depths. At the same time, only one player may work on the set at any one time without any contact with the rest of the team.



Teamwork: Precise sharing of information, in particular, effective communication, optimization of communication and work processes, self-organization in the team, working towards a common goal, trust, dealing with mistakes.

Agile Project Management: Managing project planning and execution, interim goals, role allocation.

Leadership: Dealing with complexity, effective and goal-oriented facilitation, motivating, maintaining the overview.



Single-kit Tool

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The delegates are handed pieces of an octagonal form. The outer edges of these pieces have a printed symbol on them. Each symbol has a matching counterpart on the outer edge of another piece, all together making up the complete form. The goal is to put this eight-sided form together and put it all down at once on the table with the printed side underneath. However, the symbols on each person's pieces must be kept hidden.

The key to solving this task is successful, targeted communication, describing the symbols with the appropriate words so that the matching counterpart can be found. But how exactly can the team describe their own take on reality, their own perspective?

In this exciting phase, good self-organisation and moderation are particularly called for.

When the correct matching counterparts have been found, the form can be placed down on the table in one complete form.

And then the tension really rises... Has the group done a good job? Soon all will be revealed. With the aid of a magnetic plate, the trainer turns over the complete, form and the group gets to see the result of their own 'communication'.



Communication training: sender/receiver issues, active listening, meta-communication, persuasion, and many others.

Teamwork: developing a common vocabulary, agreeing on interfaces, feedback process, motivation.

Customer orientation: speaking the customer's vocabulary, needs analysis, seeing the customer's 'map'.

Systemic thinking and acting: self-organisation



Single-kit Tool

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30 cards. 6 shapes. 5 colours. 1 logical system. No problem. Shame you're blindfolded...! In this highly challenging activity, the key to success lies in explicit communication, active listening and strategic thinking. CommuniCards is a real treasure chest for communication professionals! All participants sit blindfolded in a small circle. The trainer takes two of the thirty cards and distributes the remaining 28 among the participants. The group's task is to discover the shape and colour of the two missing cards by sharing information as a team about their cards. The trainer merely supplies information about the colour. CommuniCards can also be played using fewer shapes and colours, depending on the size of the group. Ideally, each participant will get two cards.



Communication training: illustrating the sender/receiver relationship, experiencing multi-layered communication, impact of explicit and implicit language.

Facilitation: bundling information, staying 'on track', attracting attention, being assertive, meta communication Sales training - selling on the telephone, supplying the customer with detailed information, active listening.

Team communication: active listening, resolving misunderstanding, dealing with information flow, discipline in communication.

Leadership: gathering information, staying focused, attracting attention, winning recognition.



Single-kit Tool

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Dealing effectively with time and performance pressure is a challenge that managers and their teams frequently face in their daily lives. How can teams organise themselves and how can management provide the best support possible?

The delivery team is given a few cryptic clues about the task they are to solve: they are to 'click' on 30 'websites' on the 'Internet' within a very short space of time. The management team cannot provide direct support because the entire action takes place at another location. Only by skilfully motivating the delivery team will they succeed in developing the appropriate course of action. And the more they try to solve the problem, the greater the performance pressure becomes. Will the delivery team manage to solve this task, a task of immense importance to the company? They only have one more attempt ...



Self-organisation: coping with time pressure, developing solution strategies.

Team development: how does a team organise itself without direct contact with management? How does it deal with time, quality control and feedback?

Leadership training: recognising dependencies in systems, the interplay of managing groups and perative groups, giving feedback, identifying various management styles.



Single-kit Tool

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Explicit and implicit rules are an expression of every culture. It doesn't matter whether it's the culture of a country or of a company or of a department in a company, rules regulate how we live with each other. Getting to grips with 'foreign' rules is the main issue at the heart of this learning project.

It begins very simply. On each table, the participants warm up by practising how to play with specially developed dice and also get to grips with the rules of the game. After a while, they are no longer allowed to speak and the game starts. After a brief period, some of the participants change tables. But what they don't know is that each table has different rules on how to play the game! Unable to speak, they have to come to terms with the strange situation, i.e., either learn the new rules or 'import' their own. This 'culture' shock is a real eye-opener. The participants tangibly experience what it feels like to be in a new environment and what is needed to find your way around.



Intercultural Communication: dealing with new people, understanding 'foreign' cultures, explicit and implicit rules.

Team Development: developing common rules (such as when merging two departments or forming a new team), setting rules.

Dealing With New Conditions: developing new strategies, orientation in a new situation under difficult circumstances.



Single-kit Tool

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You can almost feel the tension and the enthusiasm as the participants delicately set out the dominos! With only a limited amount of time available they have to create a domino cascade. Just as in any project, different teams work on sections of the cascade pattern. There are countless challenges to be met and specific requirements to be fulfilled in the process. Will the group manage to place the dominos in such a way that at least 75% of them fall over when the cascade is started?



Project management: making synergy effects tangible, coordination of sub-teams, lines of communication in projects

Organisational development: working with CIP – Continual Improvement Process, working with limited resources.

Leadership training: coordination of sub-teams, management of a larger system



Single-kit Tool

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EasySpider is a technically advanced and improved version of the outdoor classic, spider web. Our new, innovative wire threading prevents the web from tangling during transport. That's why, with just a little practice, you'll be able to set it up in less than five minutes. The size of the individual holes is adjustable. The web is so flexible it adjusts to heights from 180 to 250 centimetres, and to widths from 250 to 480 centimetres. Our SpiderFrame is the ideal complement to the EasySpider. It allows you to easily set up EasySpider in any space without searching for trees or pillars!



Team building: interacting, coordinating, trusting, togetherness, developing group spirit.

Leadership training: identifying interdependencies in systems, communicating, dealing with risk.

Project management: dealing with shortages, time management, quality management.



Single-kit Tool

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Inspired by the well-known classic Magic Bamboo, we created a new version of this coordination challenge that finally meets any professional trainer's demands. Whereas the original 7-foot long bamboo version was difficult to transport (and one of the reasons why trainers drove estate cars), our four-part aluminium Zauberstab - Magic Stick makes a handy piece of luggage. Due to its variable length, it easily adapts to group sizes from 6 up to 22 delegates. Definitely a must-have for your next workshop!



Team building: communicating, focusing on goals, interacting, facilitating.

Leadership training: assuming leadership positions, expressing oneself effectively.

Self-organization: concentrating, focusing, drawing on resources.



Single-kit Tool

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Together, the group stretches and holds the FlyingCarpet taut. They then manoeuvre one or two balls across the highly mobile stretched surface, using their steering skills to either pot or block a ball, or carry out other tasks. This activates their laughter muscles while – almost in passing – revealing how they cooperate and what dependencies there are within the team.



Movement: warming up, coordinated and dynamic togetherness

Working in Teams: developing creative solutions together, cooperation between departments, communicating effectively, working towards a common goal

Leadership: effective and target-focused facilitation, motivation, maintaining the big picture, steering optimisation processes energiser – start of the day, post-lunch



Single-kit Tool

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Team work would be so nice – if the others wouldn't make things so much harder for you! The reality is, however, that everyone in the team has his or her own way of seeing things. And if the team members don't manage to share their different points of view with each other, the lack of information inevitably leads to misunderstanding. – and, in turn, to inadequate coordination and to delays. In specific terms this means that you need to communicate your perspective clearly and unambiguously and to really listen to your colleagues in order to fully understand where they're coming from. Because only excellent communication and coordination can lead to excellent results!



Teamwork: utilizing different perspectives and positions to achieve objectives optimizing work processes working towards a common goal dealing with paradigm shifts and change, managing time pressure.

Communicating: targeted communication exploring ambiguity of messages exploring the sender-receiver topic explaining one's personal "mental map."

Project Management: Planning and performing projects role allocation milestones in projects.

Leadership Training: Strategy managing complexity effective and goal-focused facilitation motivation maintaining the overview.



Single-kit Tool

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How can trust in relationships between individuals or even groups be fostered? How can I manage my 'relationship account' with others? But, also, what happens to the feelings and attitude of the person I am talking to when lack of transparency and conflicts surface? HeartSelling generates direct feedback on how the behaviour of the other person is experienced. That's what makes it so valuable.



Communication training: interpreting body language, creating trust, how mistrust develops.

Sales training: managing 'relationship accounts', relationship-focused interaction, sales culture, strategies and goals, short-term vs. long-term.

Negotiation training: integrating objections, relationship and factual levels, negotiating under pressure.

Team training: dealing with arrangements, delegation, meeting culture, appreciation, pursuing different goals, cooperation, cooperation within teams.

Change Management: values, subcultures, dealing with information.



Single-kit Tool

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The idea for this construction comes from the universal genius Leonardo Da Vinci. Around 1480, he designed a transportable bridge that could be erected without tools. Important goals in team development create stability within the group and improve the ability to bridge gaps and overcome obstacles. Let your group face this challenge! Leonardo's Bridge will result in visible success that will promote team spirit.



Team building: communication interchange, dealing with shortages, coordination, team interaction, facilitating.

Project management: dealing with sparse resources, sharing know-how, finding creative solutions.

Inter-cultural communication: adjustment, accepting views and ideas of others.



Single-kit Tool

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“There’s no way you can solve this!” is probably what your participants will say when they are confronted with MagicNails. No wonder! Picture the following challenge: the task is to balance 17 nails on one nail. The 17 nails are not allowed to touch the base or the table. What a perfect metaphor for working with teams confronted with seemingly hopeless situations in their working life.



Creativity: developing new perspectives, courage to create, experimenting.

Project management : recognising synergies in resources.

Energiser: seminar warm-up, post-lunch.



Single-kit Tool

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The MeBoard opens up new ways of accessing models that work with 4 types or sectors such as DISC, HBDI, MBTI, to name just a few.



Seminar/Workshop: The MeBoard opens up new ways of accessing models that work with 4 types or sectors such as DISC, HBDI, MBTI, to name just a few.



Single-kit Tool

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Let's be honest: Who really knows what the bigger picture is? Caught up in the hustle and bustle of our working lives, it is all too easy to lose sight of our goals. In the midst of the ups and downs of the day, no one knows which is the right way to go. So, how exactly will we manage to re-focus our efforts on what really counts? PerspActive perfectly illustrates the challenges that teams and leaders face each day. The key to successfully completing this learning project is to find answers to two questions: "Where are we now?" and "Where do we want to go?"



Teamwork: Harnessing different perspectives and working positions to achieve objectives; optimizing work processes; effective communication; working towards a common goal; dealing with change.

Project Management: planning and conducting projects; achieving interim targets; allocating roles.

Leadership: dealing with complexity; effective and target-focused facilitation; motivating; maintaining the overview.



Single-kit Tool

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It often takes a lot of people to get a task done. As an experienced team worker, you will know that it is essential to hand a task over in the proper manner. Pipeline is an exciting learning project full of action for your participants. It is also an excellent metaphor for the communication flow and transfer processes within organisations.

The ball symbolizes a project that the group members have to work together on. The group's task is to transport the ball over a certain distance from one point to another without actually touching it. The only way to move the ball is to use the Pipeline - a system of halved plastic pipes - according to previously agreed rules. How will they manage to get the project done? For this fast and exciting activity, coordination and cooperation within the group are the keys to success.



Team building: intercommunication, taking on responsibility, cooperation, dealing with stressful situations, giving feedback, focusing on targets.

Leadership training: communicating effectively, giving information, facilitating.

Organisational development: optimising processes, continual improvement process.

Energiser: in the morning, post-lunch.



Single-kit Tool

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Fascinated by graphic design, Tobias Voss joined forces with Carlito B. Arellano to create this learning activity in the Graphic Art style. In order to be successful as a group, you need to communicate your way of seeing things, to listen and to coordinate. A multi-layered, fascinating story emerges, a roller coaster ride through realities. This intelligent learning project is ideally suited to starting a group process or as an energiser for any occasion.



Communication training: illustrating the issue of sender and receiver, experiencing ambiguity of messages, active listening, everyone communicating through his/ her individual model of the world.

Facilitation: bundling information, communication.

Customer orientation: speaking the customer's language, accessing the customer's, 'map'.

Team training: speaking a common 'language', cooperation, working towards a higher goal.

Reactivating: seminar warm-up, post-lunch.



Single-kit Tool

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In daily life, teams are often faced with situations where a solution can only be found if they all literally 'pull together'. Use Scoop to vividly illustrate just how important co-operation and facilitation are when it comes to working together as a real team.



Team building: cooperating, communicating, focusing on goals, facilitating, identifying interdependencies in systems.

Self-organisation: concentrating, focusing.

Energiser: seminar start, post-lunch.



Single-kit Tool

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Sharing information and cooperating at crossover points and in the event of bottlenecks pose a considerable challenge for any team. By putting together the SmartMarble, your participants gain first-hand experience of the crucial role effective communication plays when they need to achieve shared goals independently of one another.



Team Development: communicating at crossover points and in the event of bottlenecks, coordinating, conferring, media-supported communication.

Intercultural Communication: communication between 2 cultures and value systems.

Leadership Training: cooperation between managers who lead 2 independently acting teams.

Project Management: sharing knowledge, being creative, communicating between project phases.



Single-kit Tool

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A number of teams, working in separate areas, are each given the task of constructing a vehicle and developing a marketing concept for it. At the end, their 'soapboxes' are presented in a test drive and are put through an MOT to test them for safety. A versatile tool that puts the fun back into learning.



Working in a Team: developing creative solutions together, co-operation between departments, effective communication.

Communication: using precise language, active listening, meeting culture.

Dealing with change: flexible reaction to new conditions, job rotation, understanding change as an opportunity for optimisation.

Leadership: motivating, maintaining the overview, keeping to arrangements.

Creativity training: utilising creativity strategies such as the Disney model.



Multi-kit Tool



Kits per set

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StackMan is an excellent tool for anyone intending to explore coordination of procedures and structural change. It is also useful for illustrating topics such as team co-operation, leadership and change management.



Team cooperation: reaching and modifying agreements, working towards a common goal, team communication.

Managing change processes: collecting and integrating ideas for optimisation, CIP (continual improvement process), progressive development of new procedures

Leadership: effective and target-focused facilitation, motivating, maintaining the overview, steering optimisation processes.



Single-kit Tool

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This culture simulation examines how (cultural) perspectives originate. In this innovative task, two mini-cultures are created and then we explore how they were shaped and what makes them tick. Through this contrast it becomes obvious that cultural imprinting is intrinsically influenced by values and attitude.



Intercultural communication: working with the Value Square, iceberg model, integration of outsiders, preparing for a visit abroad dealing with.

Migration issues: origination of, and how to deal with, prejudices and stereotypes, understanding between cultures, integration, cultural dialogue.

Organisational development/Team building: cooperation between departments, fusion of new corporate cultures, developing sensitivity towards other perspectives.



Single-kit Tool

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This activity focuses on the importance of respecting the individual needs of all members in a team. When working with StringBall, each member can only contribute effectively to accomplishing the task if all others support her/him by means of effective communication.



Team building: interacting, trusting, cooperating, dealing with stress, giving feedback
communication training: active listening, awareness of body language, sender/receiver issues.

Project management: dealing with information shortages, visualising project phases, determining the roles of project managers.

Leadership training: identifying individual needs, adapting leadership style, motivating, communicating effectively and explicitly facilitating energiser: in the morning, post-lunch.



Single-kit Tool

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SysTEAM is a flexible learning tool. There are a number of variations that have proven successful in practice. Keep in mind, however, that when it comes to staging SysTEAM, there are no limits to your creativity as trainer or coach. Roles: The participants are split into teams of 2–3 'actors'. 3–4 such teams can work together on one SysTEAM. There are different roles in each team: a blindfolded 'grabber', who is allowed to touch and move the figurines on the board. The second, sighted person is the 'speaker' who verbally directs the grabber's hand, but without actual physical contact. Clearing the table: The figurines are unevenly spread out on the board. The teams' task is to remove all figurines. The board must remain in balance. Placing: Using tape, a 20 x 20 cm field is created in the middle of the empty board. Each figurine is then to be placed one after the other on the board but figurines are not allowed to be placed inside the field itself. At the end, the board must rest completely level on the pedestal.



Leadership training – assuming responsibility, identifying interdependencies in systems, deciding in uncertain situations, dealing with risk, working with secondhand information.

Project management – developing strategies despite lack of information, focusing on goals, working successfully.

Sales training – accepting/understanding the customer's point of view, building customer trust, developing suitable language for talking to customers, learning how to read the customer's body language.



Single-kit Tool

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Perhaps you already know (and love) this group dynamics classic from the 1970s as much as we do. In fact, we like it so much we decided to develop a professional version, throwing in a few improvements along the way. To the original five shapes, we added another five. So now you can not only use Team2 with twice the number of delegates, but also change the difficulty level according to your needs by simply leaving out the more complicated shapes. This task will make any team sweat, because the solution can only be found through effective cooperation and nonverbal communication. The multi-coloured puzzle pieces are cut from plexiglass using laser technology. This process ensures precise size and fit as well as comfortable handling.



Team building: communicating nonverbally, focusing on goals, subordinating one's own goals to the group interest, interacting, identifying shortages, assuming responsibility.

Self-organization: concentrating, focusing, stamina.

Project management: drawing on resources.



Single-kit Tool

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Starting the seminar day off the right way is essential to any successful team or communication-focused process. Surprise your participants with the TeamNavigator! This training tool allows you to turn the introduction of your seminar schedule into an interactive activity. This way, your seminar becomes an important team experience for the group – right from the start! With the TeamNavigator, you boost cooperation and a positive group feeling from the outset. Or, use it later during the process for teamwork and management training!



Getting started: A fun and easy kickoff, learning names, activating the group, creating team spirit.

Team building: Communicating, focusing on goals, cooperating, identifying interdependencies.

Leadership training: Communicating effectively and explicitly, motivating through information, generating trust.



Single-kit Tool

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There is one outstanding feature of successful teams: the team members can rely on each other. However, for many people it is difficult to let go. The Band enables your delegates to physically feel the support of the team. The perfect combination of physical experience and team learning!

The Band can be used to support a number of activities; they can be intensely physical or quietly reflective.



Energiser: in the morning, post-lunch.

Team Building: RA:MC: giving feedback, reflecting.



Single-kit Tool

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'All learning is based on feedback', John Sterman, Professor for System Dynamics at MIT. Being able to experience this phenomenon was what moved us to include this learning project in our range. This activity makes the process of how teams can become learning systems tangible: the team achieves excellence through developing skills together and through constant feedback on the status quo.



Communication training: awareness of body language, sender/receiver issues.

Leadership training: recognising needs, cooperating, dealing with stress and complex situations.

Organisational development: prompt feedback as criteria for learning and development.



Single-kit Tool

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The Philosopher's Stone is a small but smart learning project that is a fantastic aid for trainers who want to enable their participants to achieve a state of high creativity – and with an added tactile aspect!

Groups of 1–5 participants are given one shape plate with three different holes: a circle, a square and a triangle. The key question is: "What exactly would a shape that fits precisely through all three holes look like?" This requires real creative thinking and saying goodbye to entrenched thought processes! At the end, the mystery is revealed with the aid of the actual Philosopher's Stone (a wooden shape).



Creativity: during brainstorming, to help develop new perspectives, "thinking outside the box".

Coaching: reframing entrenched beliefs, supporting the statement "if you can dream it, you can do it".

Energiser: in the morning, post-lunch.



Multi-kit Tool



Kits per set

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We know that great teams make great things happen. But the constant challenge of meeting or even exceeding objectives is very demanding for everyone involved. "How should we treat each other?", "What's important for each of us in team work?", "Who's taking the lead?": These are just a few questions amongst many that need answering. The answers are the keys to producing effective and synergetic teamwork.



Leadership training: identifying interdependencies in systems, leadership communication, dealing with risk, giving feedback.

Team building: communicating effectively, cooperating, being an active listener, maintaining the balance, working with values.

Project management: simulating strategic planning, working under time pressure.

Communication training: metacommunication, facilitating, dealing with different perspectives



Single-kit Tool

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